

Today I feel



Use these different emotions words to help children to recognise different emotions, express how they are feeling and learn different 'feelings' words.

Brave	Cheerful
Confused	Surprised
Curious	Bored
Proud	Disappointed
Frustrated	Excited
Embarrassed	Uncomfortable
Worried	Friendly
Stubborn	Generous
Shy	Happy
Sad	Scared
Loving	Loved
Relieved	Interested
Jealous	Overwhelmed
Lonely	Impatient
Confused	Annoyed
Angry	Calm